



Pride Cheer Gym- Tumbling Classes Summer 2017

PrideCheerGym.com 724-873-1232
105 Springfield Drive Canonsburg, PA 15317

Find your level then choose your time! Online registration available or visit our gym!
All classes are ONE HOUR unless otherwise noted.

	MONDAY	WEDNESDAY
TUMBLE TOTS	9:30	10:30 5:00
INTRO	9:30	10:30 6:00
BASIC	10:30	9:30 7:00
INTERMEDIATE	10:30 5:00	9:30
ADVANCED	11:30 6:00	
ELITE	11:30 6:00	
OPEN GYM (MAKEUP DAY)	7:00	11:30

Class Descriptions:

***Note: All ages are welcome at all levels unless noted. Other classes will be split into ages when beneficial.**

Tumble Tots: A Fun class for young tumblers ages 3-6 to enhance body awareness and learn basic tumbling skills! Great age to start good habits.

Intro: This class is great for NEW tumblers from ages 6 and up. Learning standing back bends, cartwheels, rolls, headstands, and other basic tumbling strengths that will provide the foundation for great tumbling.

Basic: Must have standing back bend. Continuing back bend kick overs into fluid front and back walkovers, round offs, handstands, back extension rolls, drills for back handsprings!

Intermediate: Must have back walkover. Learning front and back handsprings, and drills for round-off back handsprings!

Advanced: Must have back handspring. Learning connected tumbling skills, double back handsprings, round off back handsprings, front and back tucks, and round off back tucks!

Elite: Must have round off back tuck. Learning back handspring back tuck, standing back tuck, round off back handspring back tuck/ layouts/ and fulls, specialties such as front tuck step outs!

Open Gym: These days are used as a make-up so you never have to lose a class that you miss. Or take it as an extra day for \$10. Fully supervised but multi levels. Ages 5 and up only please.

2017 Summer Tumbling Tuition

The 11- week summer tumbling session will run from June 12 through August 24.

The gym will be closed on Tuesday, July 4.

You may register online or at the gym in order to guarantee a spot in the class. Due to vacations, camps, and other summer activities, the tuition for summer is as follows:

1 Class: \$15	2 Classes: \$30	3 Classes: \$45
4 Classes: \$60	5 Classes: \$72	6 Classes: \$85
7 Classes: \$95	8 Classes: \$105	9 Classes: \$115
10 Classes: \$125	11 Classes: \$135	
Unlimited Classes: \$150		

Tuesday classes will have a maximum of 10 classes because of July 4th holiday

EXAMPLE: You may purchase four classes and use them any time during the 11-week session in the class that you registered for and secured a spot in. If you would like to do more than 1 day a week pick the day(s) and classes that you wish and let us know how many classes of each day you would like. For example: 4 of the Intro on Mondays at 9:30 and 6 of the Intro on Thursdays at 10:30 = 10 classes.

All classes must be paid for by Sunday, June 4th in order to receive the above rates. Any classes purchased after June 4th will be \$20 per class.

Sibling Discount: 20% off.